



FAIR OAKS VOLUNTEER FIRE & RESCUE 2ND ANNUAL AMBULANCE CHASE 5K AND 1/2 MILE FUN RUN

COME CHASE OUR SIREN SCREAMING AMBULANCE AROUND THE RACE COURSE!



Saturday, May 29, 2010

8:00am 1/2 Mile Fun Run • 8:30am Ambulance Chase 5k
Fairfax County Government Center • 12000 Government Center Pkwy • Fairfax



Ambulance Chase 5k awards will be given to the top finishers in each age category. All Fun Run entrants will receive a ribbon.

RACE REGISTRATION

Online registration available at www.fovfr.org

Race Entered: _____ Ambulance Chase 5k _____ 1/2 Mile Fun Run \$_____ Donation

Last Name: _____ First Name: _____

Street Address: _____

City/State/Zip: _____

Telephone: _____ Birth Date: _____ Sex: M F

Adult T-shirt Size (circle one): S M L XL -OR- Children's T-shirt Size: S M L

Complete and mail this form (one form per runner) with your check payable to "FOVFR" to:
Fair Oaks Volunteer Fire & Rescue Co. • PO Box 220 • Fairfax, VA • 22038-0220

Early Registration: \$20 until May 22
Registration: \$25 after May 22 and walk-up

The following must be read and signed by the runner (or parent/guardian if under 18):

I know that running or walking in a road race is a potentially hazardous activity and that I should not enter the race unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and road conditions, all such risks being known and appreciated by me. I agree to abide by any decision of race officials relative to my ability to safely compete in the run and fun run/walk. Having read this waiver and knowing these factors, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf waive, release and indemnify Fair Oaks Volunteer Fire & Rescue, and all of its agents, officers, and volunteers, USATF, and any other sponsors and their representatives and successors from all claims or liabilities of any kind arising out of my participating in the event even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____
(Parent's Signature if under 18)

Race Sanctioned by USA Track and Field. Your donations and support are appreciated as FOVFR raises money to fund the purchase of a new fire engine.